

When Projects

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#becomingunstuck  
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## Shift, Morph, and Change

### Take advantage of the disruption, where possible

With fresh eyes, consider what steps you can take now, that will help you stay creative, even when your plans have been derailed. Are there unexpected benefits to the current situation?

### Sometimes, there's no possible advantage

It may be necessary to get real, and accept that, due to circumstances beyond your control, your existing plan may have to be scrapped, or postponed. Not only that, the disruption may mean that you need to regroup and come up with a different plan.

### Adapt your practice as needed

What changes might be possible now, given your current resources, relationships, and conditions? Can you transition into focusing on a side project that is now more possible than before? Can you join forces with one or more people and co-create something entirely new? Discover new forms of creative expression

### Find even tiny ways to support creativity

Always give yourself permission to do what is possible, no matter how small. When it feels like your creative life has been hijacked, go as small as you need to, and identify little things you can do. Stay on good terms with your muse, and keep tools handy for quick notes, videos, and recordings that you can consider later when life opens up again.

### Remember, it's not lost

Everything counts. Your entire life experience informs your creativity. Even if you can't remember the good idea, even if some work gets destroyed inadvertently, nothing is completely lost. Our creativity lives on.

### Learn from your own experience

When in the past have you adapted when your projects shifted, morphed, and changed? See how your flexibility and inventiveness have helped you progress in unexpected ways, at other challenging junctures in your creative life..